



University of Idaho  
Extension

<http://www.cascadelake4hcamp.com/>

July 2008

Dear Teen Camper and Family,

You have just purchased a ticket to embark on a journey to discover the unique person you are. The counselors have planned activities that will guide you to discover your talents and provide you with experiences that are beyond your wildest dreams! This year's theme is safari.

Please read the entire letter and all the papers attached. There is important information that will help prepare you for camp. Information can also be found at our web address [www.cascadelake4hcamp.com](http://www.cascadelake4hcamp.com),

#### **CAMP POLICIES**

Read through the entire page and agree to abide by all of these policies by signing on the Updated Information Page. Sign and return this form.

#### **SHOOTING SPORTS AND CANOEING**

These activities are taught by certified staff. Life jackets are required in the canoes. All equipment is supplied.

#### **SNACKS AT CAMP**

The cooks at camp offer 3 nutritious meals and 2 snacks daily. If you send snacks, make them healthy and discuss with your child it is not a good idea to eat them all in one night. Do not send anything in glass containers.

#### **NURSE, MEDICATIONS AND CELL PHONES**

All medications should be turned into the nurse upon arrival at camp. They should be in a labeled bottle with complete instructions and parent signature. These will be kept in the nurse's cabin at all times. Campers are welcome to visit the nurse anytime day or night for any reason.

We would rather your child didn't bring a cell phone or expensive electronic items to camp, these items will be kept in the nurse's cabin. This policy is in place to keep others from using your items. The campers are welcome to use these items with an adult's permission. Please put your name on the items for easy identification.

#### **MAIL AND EMAIL**

If you would like to send traditional mail to your camper, the address is PO Box 298, Donnelly, Idaho 83615. The emergency phone is 325-8913. Remember it takes several days for mail to reach Donnelly.

One way email to your camper will be offered again this year. We will print the emails once a day and deliver at mail call. If you want to send your camper email, go to [www.lakecascade4hcamp.com](http://www.lakecascade4hcamp.com), click on the 4-H Adventure Camp, camper emails. The campers just love getting mail.

#### **ACTIVITIES**

The counselors have planned a journey that will be exciting and fun! You get to choose your activities such as canoeing, archery, riflery, outdoor cooking, cake decorating, face painting, tribal masks, drumming, craft workshops, and many more. Activities that we do as a camping group include; campfires, flag ceremonies, meals, singing, sports and much much more.

**CONTINUED ON BACK**

## TRANSPORTATION

We provide transportation to and from camp. The bus schedule is provided below. Due to the limited number of seats on the bus, it is important that you do not change bus routes unless you notify me. If you need to change routes, call me to check on seat availability. Please arrive 15 minutes prior to departure and check in with the counselor with a clipboard so that we know you have arrived. We will have several counselors and at least one adult with each bus route.

### BUS SCHEDULE -- MONDAY ~ July 7, 2008

#### **Caldwell/Gem County Bus**

Noon.....Bus leaves Canyon County Extension Office located at 501 Main Street, Caldwell  
1:00 pm.....Bus leaves Gem County Extension Office by the Gem County Fairgrounds  
2:00 pm.....Meet at Chevron in Horseshoe bend **(Bring Your Snack!)**  
3:00 pm.....Arrive at Camp!

#### **Boise/Meridian Bus**

1:00 pm.....Bus leaves Ada County Extension Office located at 5880 Glenwood, Garden City  
2:00 pm.....Meet at Chevron in Horseshoe bend **(Bring Your Snack!)**  
3:00 pm.....Arrive at Camp!

### BUS SCHEDULE -- FRIDAY ~July 11, 2008

#### **Caldwell/Gem County Bus**

1:00 pm.....Bus leaves camp with happy campers with memories of a once in a lifetime positive growing experience  
3:15 pm.....Bus arrives at Gem County Extension Office by the Gem County Fairgrounds  
4:00 pm.....Bus arrives at the Canyon County Extension Office located at 501 Main Street, Caldwell

#### **Boise/Meridian Bus**

1:00 pm.....Bus leaves camp with happy campers with memories of a once in a lifetime positive growing experience  
3:30 pm.....Bus arrives at Ada County Extension Office located at 5880 Glenwood, Garden City

## Items to bring on your Safari

**Do not bring valuables. We are not responsible for lost or broken items. DO NOT BRING GLASS BOTTLES. Put your name on all items, including disposable cameras, cell phones, and music players.**

- Snack for trip up     2 pair of closed toed shoes     Flashlight     Toiletry Items
- Sleeping bag and pillow (mattress provided)
- 1 votive candle for wishboats     Bug Spray (containing Deet)
- Clothing (be prepared for warm, cold or wet weather)
- Swimsuit, sandals for waterfront only     Sunscreen

#### Optional

- T-Shirt for tie dye or something white     Hat and sunglasses
- Pith Helmet     Plastic Drumming Bucket w/sticks (packed in suitcase)



I am counting the days to my first summer as Camp Director. I waited all year to be able to spend this week with you at camp! This will be a Great summer for us, See you soon!

Dan Allers  
Camp Director  
440-5483